

CORONA VIRUS

What does Turnhout do?

information on www.turnhout.be

questions on vragen@turnhout.be or 014 40 96 66



Dear resident

We are trying to stop the spread of the corona virus. This means we need to take measures that are not comfortable, but they are essential. We need the help of each Turnhout resident in this.

Take care of yourself and each other

Stay at home

- Do not go out unless you really need to: to go to work, to buy food, to go to the pharmacist.
- You can go out for exercise or relaxation but do it on your own or with a family member or just one (always the same) friend.

Keep your distance

- Keep at least 1.5 meters between yourself and others. If someone comes too close, kindly ask to keep more distance.
- Do not meet with others, do not form groups, do not entertain guests. Remember that you can spread the virus even if you do not feel sick yourself.

Do not stock up

- There is no need to stock-pile: there is plenty of food and medication for all. Resupply is ensured.
- Respect one another and do not plunder the shelves. Leave plenty for others.

Wash your hands

- Frequently wash your hands with soap and water. Do it at least each time you have been outside, before starting to cook, when you have been to the toilet.

Protect patients at risk

- Take care of them from a distance: phone them, deliver groceries at the door, send letters or drawings from the children. But avoid physical contact.

Follow our directives

As the directives are constantly changing, we often have to amend them. You can always find recent information on our website www.turnhout.be. You can also follow *Stad Turnhout* (the City of Turnhout) on Facebook.

You don't have a computer or internet?

You can call us every weekday from 08:00 till 18:00 on **014 40 96 66**.

Hunks take care of each other

Due to the strict measures, more and more people feel lonely, abandoned or sad. And right now, it is forbidden to visit and hug each other. But a kind word and a little attention can offer help and comfort too. Stay in touch through social media, send sweet messages to people who are struggling, walk past your grandparents' window and wave ...

You receive this letter in Dutch. Translations in French, English and several other languages can be found on our Internet site: www.turnhout.be/brief. Do you know people in your neighbourhood who do not know Dutch well enough to fully understand the content and have no access to the internet? Or do they not know Dutch, English or French well enough to understand the referral to the translated versions? We would appreciate it very much if you would print the foreign language versions for them and put them in their mailbox. It is in the interest of all of us that our message is heard and understood by all.

Are you in need, are you looking for help but are you alone and do not know who to turn to? Please call *Welzijsonthaal* (Well-being reception) on **014 47 11 00** or the CAW's toll-free number: **0800 13500**. You will first be asked to give your postal code, it is 2300.

We are convinced that solidarity in Turnhout is huge and that the people of Turnhout will find ways to support one another. We take care of each other. And the city council will not abandon you and they will take all necessary measures to keep you all safe and in good health. We will look after you.

We wish you much strength in these difficult times and we want to give our warm thanks to you all for helping each other and keeping calm. Hopefully we will meet again very soon, when things will be better again, and we can really enjoy our great city again.

On behalf of the Board of Mayor and Aldermen and all city services

Filip Buijs
General manager

Paul Van Miert
Mayor

More Information

• Are you ill?

- If you have general questions on the corona virus, please call **0800 14 689** or check website www.info-coronavirus.be.
- Do you have respiratory complaints or an urgent medical complaint?
 - **Mondays through Thursdays from 08:00 till 22:00**
Call your family doctor.
 - **Fridays from 08:00 till 19:00**
Call your family doctor.
 - **Week evenings except Friday evenings**
Call the GP duty station: **014 410 410**. Have your national register number at hand.
 - **From Friday evenings 19:00 through Monday mornings 08:00**
Call **014 409 609**. Have your national register number at hand.

• Do you have any other questions?

- for questions on health and public safety: **0800 14 689**
- for questions on economics: **0800 120 33**
- for questions on measures in Turnhout: **014 40 96 66**